



The Four Seasons dining experience was designed with all our valued customers in mind- offering many choices is key to insuring everyone has the option to enjoy their school cafeteria food program. All food is prepared fresh on site each day.

Available daily for lunch are 3-4 hot entrees (see our seasonal hot lunch monthly menu on the school's website and/or fspreorder.com. Fresh vegetables are sauteed daily as a component to the combo meals offered (see details on the monthly menu) or as a side order. Hot Menu is posted at fspreorder.com.

But that's not all- our Grab and Go salads, sandwiches (Boars Head Cold Cuts sliced fresh daily and gluten free) on a variety of freshly delivered daily breads, crudites, wraps, pita and hummus plate, egg/tuna salad, assorted seasonal fruit cup and a large variety of snacks and fresh baked cookies are always available.

Have a special dietary restriction? Gluten free? Vegetarian? No worries- we've got you covered-visit fspreorder.com for some great options. If you don't see what you are looking for, please email us at <u>fourseasonsfsm@aol.com</u>. And if you're the type who prefers planning ahead, fspreorder.com ensures you get what you want when you want it. Simply place your order online the night before up until 8am on the morning of, and it will be ready and waiting for you in the cafeteria for easy pick up- just ask a Four Seasons team member. Please allow until the end of August for <u>fspreorder.com</u> to be fully updated.

Join us- let's make mealtime a perfect part of your day $\stackrel{\smile}{\smile}$

